

## **UNIVERSITY OF CALIFORNIA DAVIS-LINKS CARDIOVASCULAR DISEASE PREVENTION GRANT**

**The Links, Incorporated**, in partnership with the **University of California, Davis (UC Davis) Women's Cardiovascular Medicine Program (WCVMP)**, was awarded a **"National Faith-Based and National Community Cardiovascular Disease Prevention Programs for High-Risk Women"** grant from the Office of Women's Health of the Department of Health and Human Services. This grant is to provide women with a seamless, state-of-the-art, multidisciplinary, community-based cardiac disease prevention program that comprehensively address the cardiovascular needs of women.

**The Sacramento Chapter of The Links, Incorporated is one of ten Link Chapters chosen to participate in this program.**

The program will focus on African American women ages 40-60 years and will provide high-risk women the empowering ability to modify health behaviors, supported by current knowledge and methodologies derived from clinical and basic research and education delivery models. A second goal is to create an environment that will have a positive influence on women's cardiovascular health, and to provide communities access to non-traditional, cross-disciplinary collaborations that are essential to improving cardiac outcomes in women.

The program will consist of four phases of implementation: Phase I – Program Planning, Development and Recruitment; Phase II - Counseling Sessions, Phase III - Maintenance Sessions, and Phase IV Program Evaluation/Write-Up. Participants will be expected to participate in the counseling and maintenance phases of the program. The leadership of UC Davis, and The Links, Inc., our joint partners, and outstanding key personnel participating in this proposal are committed to women's health, improving diversity, attaining improved health outcomes, and gender-based cardiovascular biology. We are thus uniquely positioned to offer a multidisciplinary and interactive approach to provide broad and in depth education, risk modification, and focused expertise in women's heart care to high-risk women.

For additional information on this **The Women's Cardiovascular Health Grant**, please contact a Program Coordinator:

**Link Delores Covington at (916) at (916) 683-1600 or  
Link Barbara Nash at (916) (916) 683-3955**

## About **UC Davis Health System**

The Women's Cardiovascular Medicine Program is part of UC Davis Health System. One of the leading academic medical centers in the nation, UC Davis is at the forefront of the latest discoveries and best treatments. Its teaching hospital, UC Davis Medical Center, has been consistently ranked one of the best hospitals in the nation by *U.S. News and World Report*, and has been selected by consumers in the Sacramento region for six years in a row for the National Research Corp.'s Consumer Choice award.

## **UCDAVIS**

### **HEALTH SYSTEM**

#### **Women's Cardiovascular Medicine Program**

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[www.ucdmc.ucdavis.edu/cardiology/wcvhp.html](http://www.ucdmc.ucdavis.edu/cardiology/wcvhp.html)

