

# **The Sacramento Chapter of The Links, Inc.**

**UC DAVIS-LINKS CARDIOVASCULAR DISEASE PREVENTION GRANT**

## **Internet Resources - Heart/Clinical Resources**

### **About Diabetes**

<http://www.americanheart.org/presenter.jhtml?identifier=3044757>

### **Absolute CHD Risk Calculator**

<http://www.nhlbi.nih.gov/guidelines/cholesterol>

### **Cholesterol**

<http://www.americanheart.org/presenter.jhtml?identifier=1516>

### **Clinical Guidelines on Obesity Treatment**

[http://www.nhlbi.nih.gov/guidelines/obesity/ob\\_home.htm](http://www.nhlbi.nih.gov/guidelines/obesity/ob_home.htm)

### **Diabetes and Cardiovascular Disease**

<http://www.americanheart.org/presenter.jhtml?identifier=3044762>

### **Diagnosis and Treatment of Diabetes**

<http://www.diabetes.org/home.jsp>

### **Evidence-based Guidelines for Cardiovascular Disease Prevention in Women**

<http://circ.ahajournals.org/cgi/content/full/109/5/672>

### **Heart Attack, Stroke and Cardiac Arrest Warning Signs**

<http://www.americanheart.org/presenter.jhtml?identifier=3053>

### **JNC 7 Report on Hypertension**

<http://www.nhlbi.nih.gov/guidelines/hypertension>

### **Management of Risks of Increasing Omega-3 Fatty Acids in the Diet**

<http://www.cfsan.fda.gov/~dms/admehq3.html>

### **Obesity and Overweight**

<http://www.americanheart.org/presenter.jhtml?identifier=4639>

### **Smoking Cessation**

[http://www.surgeongeneral.gov/tobacco/treating\\_tobacco\\_use.pdf](http://www.surgeongeneral.gov/tobacco/treating_tobacco_use.pdf)

### **10-year CHD Risk Assessment Tool**

<http://hin.nhlbi.nih.gov/atp/iii/riskcalc.htm>

### **10-Ways to Control Your High Blood Pressure**

<http://www.americanheart.org/presenter.jhtml?identifier=578>

**Third Report of the Expert Panel on Detection, Evaluation, and Treatment of High Blood Cholesterol in Adults (Adult Treatment Panel III)**

<http://www.nhlbi.nih.gov/guidelines/cholesterol>

**What is Cholesterol?**

<http://www.americanheart.org/presenter.jhtml?identifier=3046103>